



Sacred Heart Of Jesus Newsletter

Welcome to this week's newsletter. This information is also available on the [Sacred Heart Web Page](#)
Please note the web page will always be the most up to date link with parish news.

If you need to contact the parish office, please be aware Fr Paul is away from the Parish for two weeks. (05.09.21 – 19.09.21). Please email oh.sacredheart.loughboro@dioceseofnottingham.uk or ring the parish office on **01509 219325** and leave a message.

Weekly Message from Fr Paul

Message for the Eighteenth Sunday in Ordinary Time

*"I am the bread of life.
He who comes to me will never be hungry.
He who believes in me will never thirst."*

Bread doesn't feature prominently in my weekly shop. I prefer to get my carbs from a combination of Jersey Royals, Basmati Rice and Pasta Artigianale, but in Jesus' day bread was the staple diet; it was literally the stuff that kept people alive in an economy that was all too familiar with periodic famine.

In Chapter Six of John's Gospel, we are given Jesus' teaching on the meaning and purpose of the Eucharist. By declaring himself to be the "Bread of Life" he is telling his followers three vitally important truths.

First, by identifying himself as the Bread of Life he is assuring us that he is really present in the Eucharist.

Then, by using the analogy of bread, he underlines the need that human beings have, for the Eucharist.

Finally, by making the connection between bread and life, he is demonstrating that the Eucharist leads to the eternal life in the Father's Kingdom, to which he is inviting those who believe - and receive.

Fr Paul

Prayer Intentions for this coming week.

Date	Intentions	Reading	Stewards
Saturday 17:30 Vigil 30 th July 2021	In Thanksgiving	1st Reading: Exod 16:2-4, 12-15 2nd Reading: Eph 4:17, 20-24 Gospel: John 6:24-35	Mary and Noel
Sunday 10am Mass 1 st August 2021	People of the Parish.		Richard and Liz
Wednesday 9:30 Mass 4 th August 2021	Pauline Sail R.I.P.	1st Reading: Exodus Gospel: Matthew	Maggy and Bob
Saturday 17:30 Vigil 31 st July 2021	People of the Parish	1st Reading: 1 Kgs 19:4-8 2nd Reading: Eph 4:30—5:2 Gospel: John 6:41-51	Fiona and Ian
Sunday Mass 8 th August 2021	Pat Squire's Int.s.		Mary and Maggie



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Parish News

Parish Update on Covid - step by step.

The online Booking system: Going forward we need to continue using the booking form for weekend Masses. [Mass booking form link](#) Over the next couple of weeks our Wednesday morning Mass only, will be attend without booking, but please add your name to the attendance book in the porch as you arrive for track and trace purposes. If this works successfully it's a small step going forward. Stewards will still be available

Please note over the summer months, we will continue with face coverings and social distancing. We need to continue with small steps to ensure all are safe and well. As changes happen we will keep ou posted. Thank you

Volunteering at Sacred Heart – We welcome you to join us

Please if you have a few hours a week, over a month, so many times a year, we would love to hear from you. All these voluntary positions help our Sacred Heart Church be the heart of this community. You do not need to worry over experience if perfectly fine. We all learn together and make a band of new friends whilst do these wonderful things for our church. All information will be available on the notice board in the hall foyer with a list to add your names plus who to contact for further information. Thank you

- Stewarding
- Flower arranging
- Music
- Tea and Coffee
- Alter Servers
- Catechist
- Eucharistic ministry
- Readers
- Cleaning
- Supporting Children's Liturgy
- Admin Support