



Sacred Heart Of Jesus Newsletter

Welcome to this week's newsletter. This information is also available on the [Sacred Heart Web Page](#)
Please note the web page will always be the most update link with parish news.

If you would like to contribute to the newsletter, please email Fiona.Cooper@live.com no later than 6pm on the Thursday before please.

If you need to contact Fr Paul please email oh.sacredheart.loughboro@dioceseofnottingham.uk or ring the parish office on **01509 219325**

Please can I remind you all persons must wear a face covering for Mass at all times. Please see the [COVID 19 Parish Information](#)

Weekly Message from Fr Paul

5th Sunday in Ordinary Time 6/7th February.

People sought Jesus out, not surprisingly, because of his fame as a healer and miracle worker. Healers are vitally important people - I hope that those who worked successfully to produce the Covid vaccines will receive all the honours and awards our country can throw at them, but bodily healing was not Jesus' **primary** purpose.

His primary purpose, as spelled out in today's Gospel reading, was to **preach**.

Preaching leads people to faith, discipleship and salvation. Its effects are eternal, not time limited like physical healing. This is why Jesus couldn't just stay in one place and act like a General Hospital. He had to be on the move constantly to bring God's good news to the next village and the next...

God Bless

Fr. Paul.

Prayer Intentions for this coming week.

Sunday 7 th February 5 th Sunday in Ordinary Time	<i>We pray for the Parish</i> and all who are struggling during these difficult times. Pray we keep watch and help all who are in need.
Monday 8 th February	All who are travelling due to the need too, during this week's cold and icy weather conditions.
Tuesday 9 th February	All our Parish family who we have missed this past year.
Wednesday 10 th February	The world as a whole with working together and putting our differences to the side, to create a global action with looking after the world and each other.
Thursday 11 th February	Nottingham Diocese and Bishop Patrick
Friday 12 th February	All schools and colleges as they start a week's half term.
Saturday 13 th February	NHS and all front-line workers
Sunday 14 th February 6 th Sunday in Ordinary Time	The Parish and Fr Paul as we prepare for Lent as we come together for Ash Wednesday.



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Additional Prayers and Reflections

Philip Concannon Family	Pray for the family and friends of Philip whose funeral was last Tuesday
We pray for each and every one who has lost loved ones and friends across the world:	<i>Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.</i>
Hail Mary:	Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed in the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Date	Reading	Reader	Stewards
Saturday Vigil Mass 6 th February	1 st Reading Job 7:1-4, 6-7 2 nd Reading. 1 Cor 9:16-19, 22-23	N/A	N/A
Sunday 10am Mass 7 th February	Gospel. Mark 1:29-39	N/A	N/A
Wednesday 9:30 Mass 10 th February	1 st Reading 2 nd Reading Gospel	N/A	N/A

Lent and opening our doors on 17th February for Ash Wednesday: - As promised the PPC have discussed if we should open for the season of Lent. There was a mixed opinion due to many reasons and how COVID still has a great impact with everyday living.

We will open for Ash Wednesday and continue with our normal three services a week. However, I must state this can change at any time due to COVID within our area and following guidance from the diocese.

The online booking system for Ash Wednesday will open from Wednesday 10th February.

Walk with Me' Prayer Booklets: - Bishop Patrick is asking us to take a little time each day during Lent with the new bespoke: 'Walk with Me' Prayer Booklets being produced for our Diocese by *Alive Publishing*. The booklet is pocket-sized, easy to use, and is designed to help us all to keep focused in the daily living out of our faith as disciples of Christ.

These will be available at the start of Lent within our parish free of charge. Every Sunday during Lent, our diocese will be sharing prayers, reflections and liturgies. which will be found on our parish website.



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From the Diocese

DIocese OF NOTTINGHAM

**You are called:
are you listening!!**

VOCATIONS CAFÉ Monday 1st March 7.30-9 pm
Email: vocationsadmin@dioceseofnottingham.uk

Are you looking for a challenge?
Are you searching for God?
Why not join us at our Zoom Café where you will have an opportunity to ask questions and chat with Religious Sisters and Priests. A warm welcome awaits you. Please email to register your place. We look forward to seeing you (for 18 and over)

Vocations Café by Zoom on Monday 1st March 7.30 pm - 9 pm

You are called! Are you listening?

Are you looking for a challenge? Are you searching for God? Why not join the Vocations Team at their Zoom Café on Monday 1st March, 7.30 – 9 pm, where you will have an opportunity to ask questions and chat with Religious Sisters and Priests about vocation. A warm welcome awaits vocationsadmin@dioceseofnottingham.uk

Senior Safeguarding Coordinator: - Nottingham Diocese are presently advertising this role who has experience in this field. For further information please Email. office@dioceseofnottingham.uk Closing date is 28.02.2021

CAFOD: - over the next few weeks information will be shared over CAFOD lent appeal. The links below will take you to these pages if you have access. To parishioners who do not, each week information will be shared within the parish.

- [Lent appeal](#)
- [CAFOD fundraising page](#)

Adult Information for Mission: - a link from the diocese to share with you.

Parish Collections: - Thank you to all who have kept giving to our parish during these difficult times. If any person who has not already and would like to contribute to the running of our parish during these strange times, please speak to Fr Paul for a Standing Order form. Alternately, after each Mass as we leave the church, there is an offertory box on the side table by the door into the foyer.

Children's Liturgy: - [Children's-liturgy webpage](#)

Unfortunately, due to the present situation we are not able to offer Children's Liturgy. If you would like any information to help your youngsters spiritually, please drop me a line. Fiona.Cooper@live.com

Over these past months to help our younger parishioners, a Facebook page is available, where you have the opportunity to visit our linked webpage, which shares the gospel by an activity sheet and an upbeat YouTube song and video.

Dear Lord Jesus, as a parish we pray for our young parishioners who we have not seen for a little while. We pray that they continue to love to learn about you, through children's scripture and song, as families come together during these wintery days ahead. **Amen**

FOLLOWING COVID RULES whilst attending Mass



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If we do not follow this information, there is a higher risk of the church being closed once again. None of us want that, but safety of our parishioners is essential.

- Do not attend Mass if you have any symptoms of COVID – 19.
- Face masks are to be **worn at all times**. (Remove briefly only to receive the host)
- Stewards will be on duty at each Service.
- At all times, use the distancing rule advised by Government.
- Within the church you will see signage. Please ensure this is followed.
- Enter the church via main door. There will be a one-way system only. Please do not go back on yourself.
- Sanitiser is to be used before entry into the church via hand pump, located either side of the doors above the Holy Water font.
- Within the church you will see areas where you may or may not sit. You will be guided by the stewards.
- You need to sit at the end of the pews **and not the centre**. The tape indicates this.
- No hymn or service books will be used during Mass.
- All kneelers are not to be used, as these have been put out of action temporarily.
- All prayers and dismissal will be said before we receive the Holy Sacrament.
- You must take all your belongings with you as you will not be able to return to your pew.
- A steward will guide each person when to receive the Holy Sacrament.
- The Holy Sacrament will be placed in your left hand and **NOT YOUR TONGUE**.
- Remove your face covering slightly to enable placing the host into your mouth. You must replace your face covering as you walk out of the church following the directional signs via foyer and exit.
- Please do not linger in the **foyer or car park** due to social distancing issued by the government.